

# Acknowledgement of Country

“In the spirit of reconciliation Scale My Clinic acknowledges the Traditional Custodians of country throughout Australia and their connections to land, sea and community.

We pay our respect to their elders past and present and extend that respect to all Aboriginal and Torres Strait Islander peoples today.”

A hand holding a silver stopwatch. The background is a blurred crowd of people, suggesting a busy environment. The stopwatch is the central focus, with its face showing numbers from 0 to 60. The text 'Time Mastery' is overlaid in large white letters, with a trademark symbol. Below it, a black box contains the text 'Time is Your Most Valuable Resource. Here's How to Preserve it.' in yellow. In the bottom right corner, the logo for 'SMC scale my clinic' is visible.

# Time Mastery™

*Time is Your Most Valuable Resource. Here's How to Preserve it.*

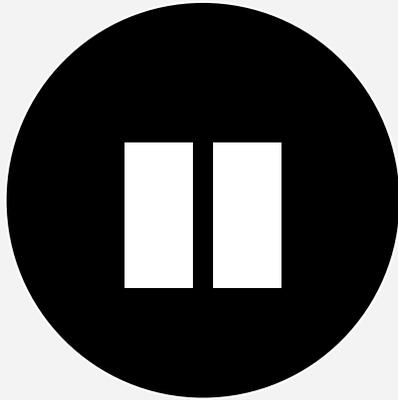
**SMC**  
scale my  
clinic



**Time is free, but it's priceless.  
You can't own it, but you can use it.  
You can't keep it, but you can spend it.  
Once you've lost it, you can never get it back...**

- Harvey Mackay





SMC

A man in a white t-shirt and dark shorts with orange stripes is pushing a lawnmower on a green lawn. He has his arms crossed on the handle, looking down with a weary expression. The lawnmower is black and red, with a silver engine. The background is filled with lush green foliage and trees. A black banner with white text is overlaid on the image.

**Task Heavy**

**SMC**

PSYCHIATRIC  
HELP 5¢

**Spirit Heavy**

THE DOCTOR  
IS IN

SMC



**Decision Dense**



**SMC**

A black and white photograph of a man in an office chair, leaning back with his feet on a desk, holding a sign that says "Run to Time". The man is wearing a light-colored shirt and dark trousers. He is sitting in a black office chair, leaning back with his feet on a desk. He is holding a black sign with white text that says "Run to Time". The background consists of white curtains. To the left, there is a desk with a computer monitor and a telephone. The overall scene suggests a relaxed or procrastinating office worker.

***Run to Time***

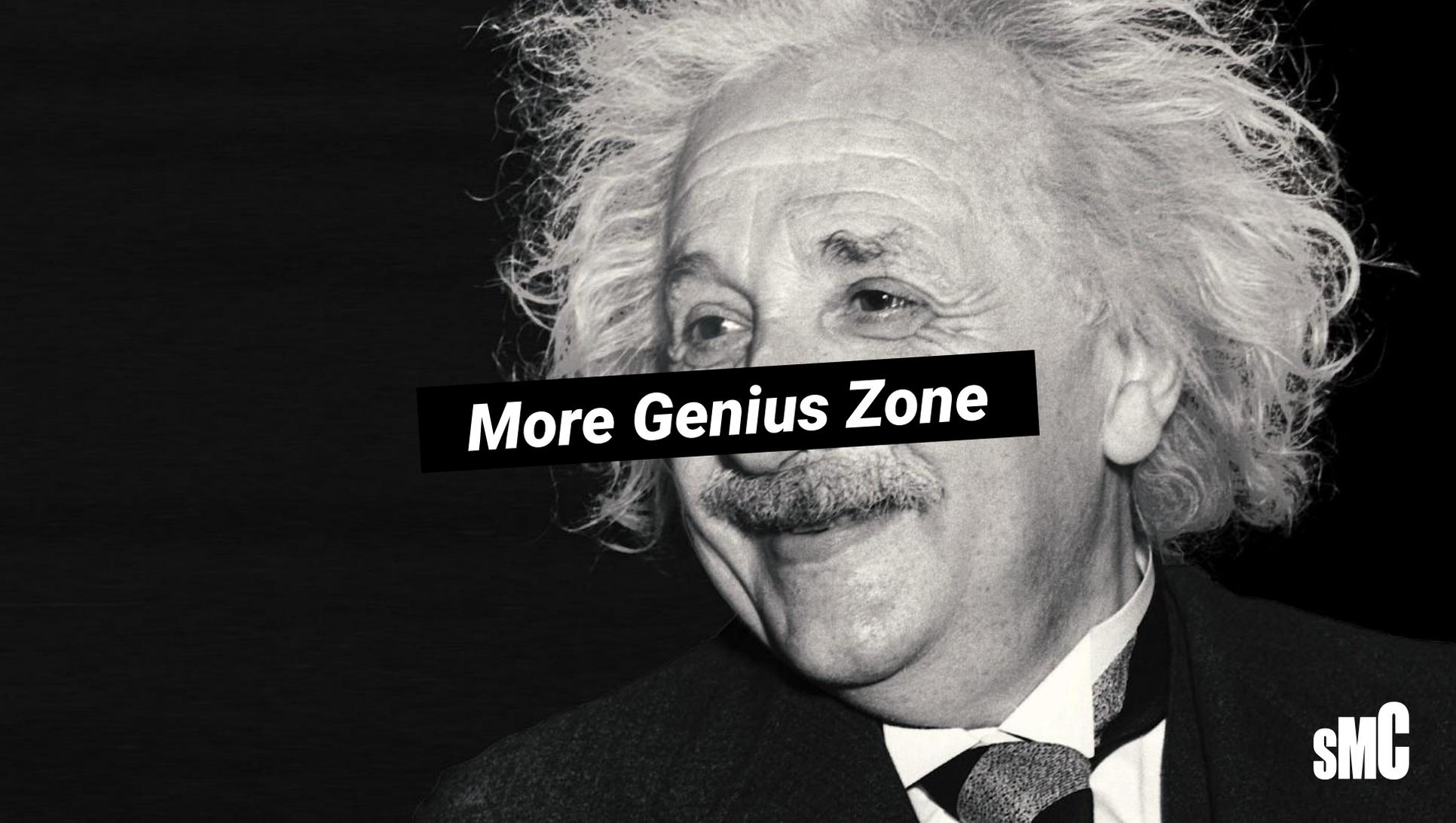
**SMC**



A close-up photograph of a woman with long dark hair, wearing a white patterned shirt and a black apron, focused on decorating a cake. She is using a purple and blue piping tool to apply red frosting to the top of a round cake. The cake is already covered in red frosting, has a thick layer of dark chocolate drizzle around the top edge, and is topped with several pieces of dark chocolate and a few round, light-colored candies. The cake sits on a white lace doily. In the background, a stainless steel pot filled with red frosting is visible. A black banner with white text is overlaid on the image.

**But Better**

**SMC**

A black and white close-up portrait of Albert Einstein. He has his characteristic wild, white hair and a mustache. He is wearing a dark suit jacket, a white collared shirt, and a patterned tie. A black rectangular banner is superimposed over the middle of his face, containing the text "More Genius Zone" in white, bold, sans-serif font. The background is solid black.

**More Genius Zone**

**SMC**



**5**

**Hot Principles**

A target with concentric circles in blue, red, and yellow, with the text "My Genius Zone" overlaid on a black banner.

**My Genius Zone**

**SMC**

A dark-stained wooden step ladder stands on a light-colored wooden floor against a light green wall. The ladder has a flat top surface and several steps. A black banner with white text is overlaid across the middle of the ladder.

# **The Value Ladder**



POLICE

**Stop, Start, Keep**

**SMC**

A hand is holding a yellow telescope against a blue sky background. The telescope is held horizontally, and the hand is positioned at the top right. The background is a clear blue sky with some light clouds. The text "Delegation Mastery" is overlaid on the telescope in a black banner.

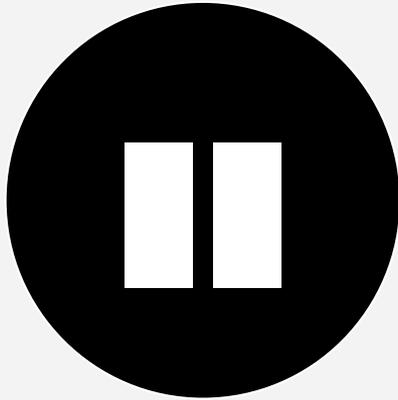
# ***Delegation Mastery***

**SMC**

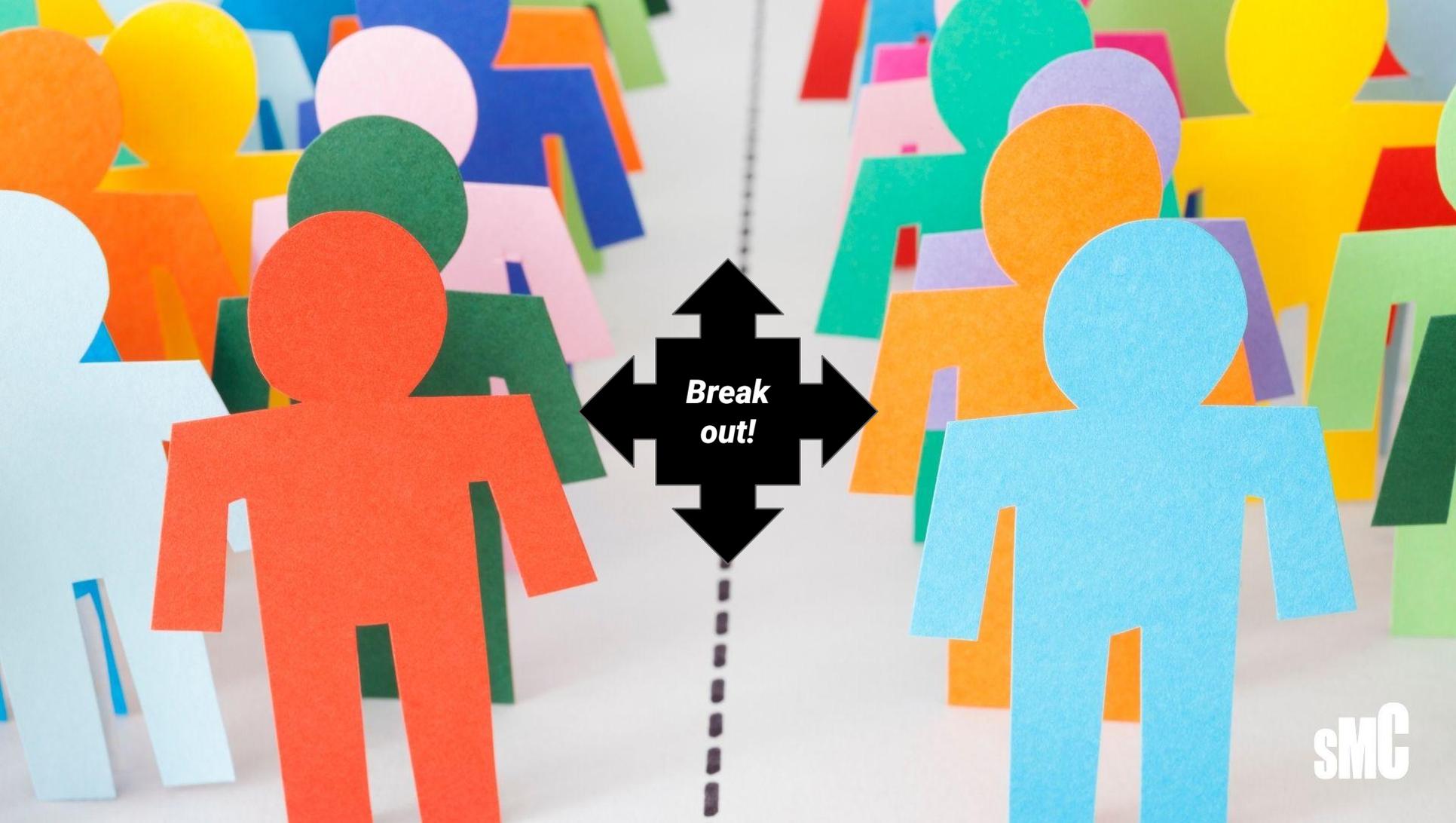


**Superb Systems**

**SMC**



SMC



***Break  
out!***

**SMC**

### Breakout Type

- Mixed

### Per Room

- 4

### Timekeeper

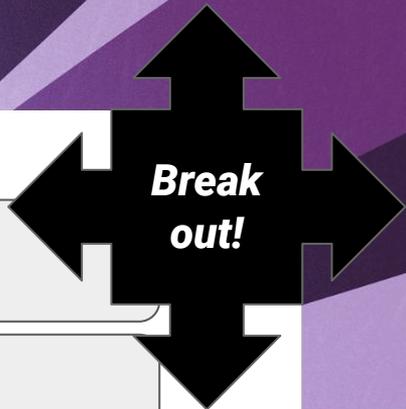
- Timekeeper Closest Name to A
- First Name closest to Z starts

### Time Per Person

- 3 minutes each (14 minutes total)
- Timekeepers remind at 1 minute

### Brief/Question

- What needs to shift, for you to become a Timelord?
- Which step first



***Break  
out!***



**Let's Share**

**SMC**

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**INSIGHTS**

3

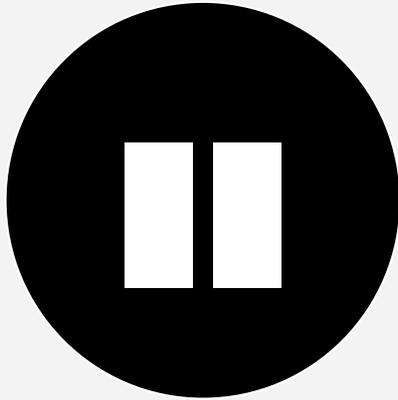


**ACTIONS**

POLL



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*Thank  
you!*



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