

# Hospital care at home



Comfortable, convenient, safe

Hospital care at home is hospital-level care delivered in the comfort of your own home. Health professionals will visit you regularly – how often will depend on your care needs. For more than 25 years, hospital care at home has been helping people recover better in their own surroundings.

## Types of care available in the home

A range of hospital services can be delivered in your home including:

- care while recovering from surgery
- care for infections and wounds
- care for a range of chronic diseases
- care for ageing-related medical conditions
- rehabilitation
- cancer care
- maternity care for women who had low-risk deliveries
- paediatric care of medically stable children



Hospital care at home services will vary depending on your health service.

## Why choose hospital care at home?

**Comfort** – hospital care in the comfort of your own home where you can have your own food.

**Familiarity** – recover better in your own space, surrounded by loved ones.

**Less worry and hassles** – avoid the noise and disruptions of hospital, travel costs, and the restrictions of hospital visiting hours.

**Freedom and independence** – recover faster with the freedom to move around your own home.

**No extra costs** – you are still an admitted patient of the hospital, so you will get the professional healthcare team, equipment and resources you expect from high-quality, hospital care.

**Safe** – this care is only offered when it is safe for your individual situation; you can return to hospital at any time if your circumstances change.

## Want to learn more?

- Have an early discussion with your healthcare team about the possibility of receiving care at home – is it right for you and what is involved?
- Set goals for your recovery by developing a care plan with your healthcare team and family/carers.
- Discuss your support system at home. This might involve family, carers and friends. Your healthcare team can also help you connect with other services.

## More information

Talk to your doctor, nurse or other health professionals to find out more about your options, and visit your health service's website for more information.

Find out more about the hospital care at home initiative at [health.vic.gov.au/patient-care/hospital-in-the-home](https://health.vic.gov.au/patient-care/hospital-in-the-home).

To empower yourself with skills and confidence in communicating with health professionals, visit [www.checkback.org](https://www.checkback.org).



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