ASTHMA/WHEEZE DIARY

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			Comments/Triggers:	Missed School/child care	Prednisolone	GP Visits	Runny nose/sore throat	Number of times reliever used	Severe-unable to sleep	$\overline{}$		None-sleptwell	During the Night	Number of times reliever used	restricted by asthma	Severe- all activity	Moderate-informal	affected by asthma	None- not affected by asthma	Paic.	During the Day	II.
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ASTHMA/WHEEZE DIARY

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					Comments/Triggers:	Missed School/child care	Prednisolone	GP Visits	Runny nose/sore throat	Number of times reliever used	Severe-unable to sleep		Mild-woke once due to asthma	None-slept well	During the Night	Number of times reliever used	restricted by asthma	$\neg \tau$	Moderate-informal	\neg		asthma	During the Day Date:	to the Day
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Adapted from HealthInfo: Asthma Symptom Diary retrieved from https://www.healthinfo.org.nz/patientinfo/Asthma%20Symptom%20Diary.pdf

October 2019